

Treat

The TREATment of severe Atopic eczema Trial

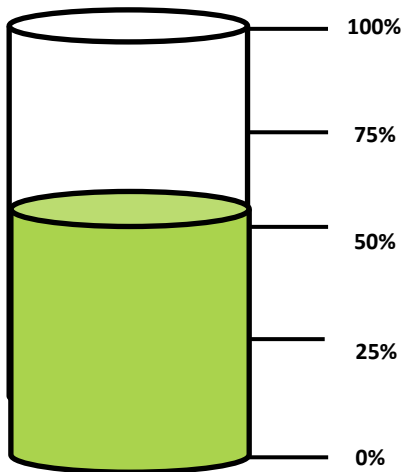


Welcome to the first TREAT patient newsletter. The TREAT study opened in May 2016 and the first participant was recruited at St Thomas's Hospital in London. We have opened 9 other hospitals across the UK since then and are planning on opening another 3 very soon.



Progress so far...

As of 22/Dec/2017 we have 58 participants in the study so we have achieved more than half of our recruitment target of 102!



Quote from Dr Carsten Flohr, TREAT study Chief Investigator:

"A big thank you from the TREAT team to everyone who has taken part so far. Ciclosporin and methotrexate are medicines prescribed to treat severe atopic eczema in children. Although these medicines are prescribed routinely in NHS care, there is a lack of evidence to help dermatologists decide which one to use. With your help we are discovering which of the two is the safest and most effective treatment."

Where is TREAT happening?

13 hospitals around the UK and Ireland are taking part in TREAT. Can you find your nearest hospital?



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Participant focus: Adam has just completed the TREAT study!

5 year old Adam enrolled in TREAT in August 2016 and is the latest participant to reach week 60 and complete the study. With the support of the TREAT study team in London, Adam's skin is now clear of eczema!

Like lots of children enrolled in TREAT, Adam's eczema was not well controlled with moisturisers and steroid creams. Aklima, Adam's mum says: "Our whole lives were affected by Adam's eczema, the skin care regimen took up so much time. Adam didn't sleep very well because of constant itching and missed a lot of nursery because his skin was so bad".

When deciding to take part in TREAT Aklima had worries about the side effects of the medications: "I was worried about the side effects that the Doctor had to tell us about. I thought that Adam would get lots more coughs and colds but actually his general health improved as his eczema got better". Aklima enjoyed the regular contact with the study team and having someone to contact if she had any questions. Throughout the 9 months Adam was taking the study medication Adam's skin improved so much, that the family could reduce his usual skin routine. Since stopping study medication 6 months ago, Adam's eczema hasn't returned and the eczema is no longer the focus of the family's life. Aklima said: "During the study our lives just got easier and easier and have now returned to normality". Now that Adam doesn't have eczema he loves playing outside and beating his brother at football!"



Top News

We now have 10 hospitals taking part in the study and 6 participants have completed the study so far.





Frequently Asked Questions

How long are the visits?

⇒ The first visit takes longer than the other visits, as this is when the study is explained to you by the doctors and nurses and you can ask all the questions you want to.

Do I have to take part in the study?

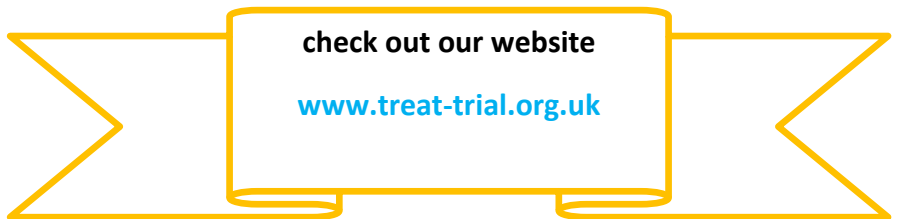
⇒ If you do not wish to take part in the study you do not have to give a reason, and you will receive the routine treatment used by your hospital.

Are there are lot of side effects?

⇒ As with all medicines there are a number of side effects that have been reported. There are no additional risks involved in taking part in the study compared to if you were to choose to receive one of the study treatments as part of standard care. If side effects do occur they are usually reversible when treatment is stopped.

Can I choose which medicine I want?

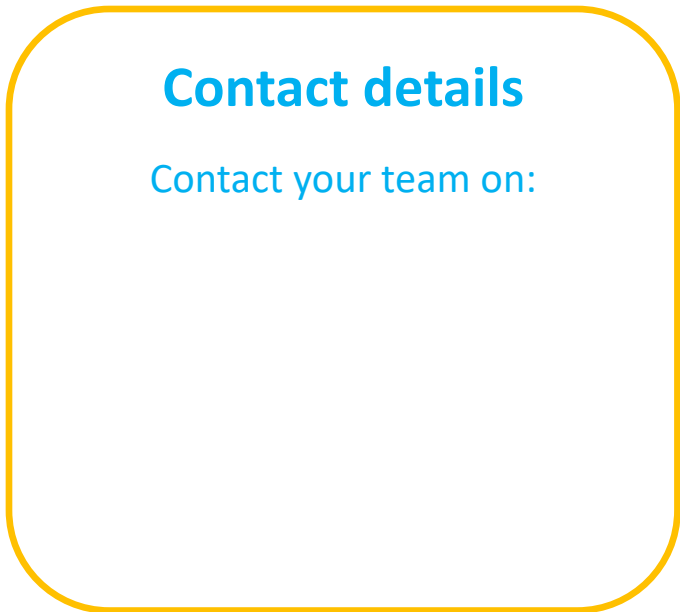
⇒ Neither you nor your doctor choose which group you are in. We use a computer programme that puts patients 'at random' into one of the groups to receive methotrexate or ciclosporin. In the TREAT study you are equally likely to be in Group A as you are to be in Group B. Your healthcare team will let you know which group you are in.



TREAT Word Search

Can you find all the words?

H	C	T	I	H	J	H	T	S	S
O	Q	B	H	B	C	N	R	K	V
G	C	W	U	T	N	U	E	U	V
H	F	R	A	Q	F	L	A	W	J
Y	R	R	E	D	C	M	T	E	Q
Y	C	G	E	A	S	Y	D	L	Q
S	Q	G	B	L	M	E	C	W	D
F	H	L	E	H	P	C	G	I	E
K	V	E	Q	E	C	Z	E	M	A
R	P	B	L	Z	C	N	C	J	C



CREAM ECZEMA ITCH SCRATCH SLEEP TREAT